



Téma: Beverages

Jazyk: Angličtina

Přidal(a): vojta

Beverage

- Definition
- Water
- Alcoholic/soft drinks
- Non-alcoholic drinks
- Hot drinks (tea, coffee, others)

Beverage is a liquid prepared for human consumption, it is a part of human society/culture.

- **Water** is not included into the group of beverages
- It plays important role by healthy diet.
- Different kind of water, which are offered in restaurants (catering establishment).

Types:

- Still water - neperlivá
- Gentle-carbonated water - jemně perlivá
- Sparkling water - perlivá
- Tap water - kohoutková ->there is task: serve it or not?



Alcoholic drinks

- They contain alcohol.
- During the production are important two ways: fermentation by beer and wine and distillation by spirits, which contain more alcohol
- Wine and beer are produced by fermentation, spirits are produced by distillation.

Beer:

- Ingredients used by brew: Water, Hops – chmel, Yeast – kvasinky, Barley – ječmen, Malt – slad
- It is brewed in breweries.
- Beer is the most drunk alcoholic drink in the Czech Republic.
- Beer can be brewed from different ingredients and with different flavours.
- Types of beer: Lager – ležák 11°, Ale – světlé 10°, Dark – tmavé
- How is beer served? It can be: draught/draft – točené, Bottled – lahvové, Canned – plechovkové
- Hops is grown in Žatec region.

Wine

- Types:
 - Red
 - White
 - Rose
 - Champagne
- Wine is grown in vineyards.
- **How to serve it?**
 - White wine are usually served with white meat (poultry, fish)
 - It should be cold about 8°C
 - Red wines are usually served with beef and steak
 - Its temperature should be circa 14°C.



Spirits

- It is distilled
- It has high content of alcohol.

Soft drinks

- They contain no or little alcohol.
- Kinds:
 - Juices (strawberry, orange, apple, blackcurrant, pineapple, tomato)
 - Fresh juices contain a lot of vitamins. Vitamins are important for our health.
 - Lemonades (flavoured water) – contains a lot of sugar
 - Sparkling water (soda)
 - Low-alcoholic beer
 - Apple cider
 - Syrup with water
 - Ice tea

Hot drinks

- It is kind of beverage that is served heated.
 - Coffee-based drinks
 - Tea
 - Others
- Hot juice
 - Hot chocolate (cocoa)
 - „grog“ – it is hot water with rum and lemon

Coffee

- Kinds of coffee-based drink:
 - Cappuccino, latte, espresso, lungo, flavoured, Irish, Canadian



Tea

- Fruit (blend of fruit), Herbal (mint, ginger, rosehip, lime blossom), Black/green/white

Sweated drinks

- High content of sugar
- Harm full
- It causes obesity
- It has bad impact to our health

Drinking regime (Amount of liquids)

- It is said that we should drink about 2 liters per day.
- To prevent kidney discourses
- The amount depending into /according to season/physical activity

Cocktails

- Mixtures of alcoholic or non-alcoholic liquids
- They are served in summer – they are refreshing
- My favourite cocktails are:
 - Pina colada (Malibu rum – with coconut flavour, pine-apple juice, cream)
 - Mojito (mint, lime, white rum, cane sugar, soda)
 - Cuba libre (rum, cola, lime)